

Project Shoebox Oxford 2020: packing notes for a woman's box (general guidelines also apply to other boxes).

We suggest using the lists and checking off the items that you put into the box, it helps the refugees determine who the recipient should be and if there is anything that could be a problem for them. Please don't feel you have to put everything that is on the list in a box, we may well have a supply of them that we could add.

- ✓ Wrap top with Christmas paper or other wrapping paper (as some boxes are handed out at other times of the year).
- ✓ Please **do not seal the box when filled**, use a ribbon or large elastic band to keep the lid on top and the packing list inside.
- ✓ Please, **nothing used**, even partly.
- ✓ Please ensure bottles of shampoo, liquid soap etc are securely fastened tight shut. Last year there were a couple of boxes where liquid soap leaked all over the contents ...

Please **do not put any of the following items in the gift boxes**, if they are given to you please put them to one side and we will give them to ODAS to hand out:

- | | |
|-----------------------|---|
| ✗ razors | ✗ no toiletries with overt sexual branding – No 'sexy motherpuckerup lip gloss' or 'better than sex' mascara. |
| ✗ scissors, tweezers | ✗ Bath products – bath foam, bath bombs, oil, etc |
| ✗ money / gift cards | ✗ Packets of cotton wool, cotton buds |
| ✗ candles, tea lights | |

Food items are kept separately, otherwise a box could get **really** heavy.

Basic Contents:

- Shampoo & conditioner, max size 300ml each please, otherwise it can be hard to get everything into a box. OR a 2-in-1 is fine.
- Shower gel / liquid soap, again max size 250-350ml please. Or bar of soap in a travel soap container.
- Toothbrush & toothpaste with toothbrush holder – leave toothbrush in packaging but take toothpaste out of the box so there is a bit more room for other items.

Picked & packed for you with ♥ by an Oxfordshire community that cares.

- Body lotion - again, the size limitation applies and lightly scented is really good.
- Deodorant – roll on preferred please, the aerosol ones tend to take up a lot of space.
- Sanitary products – towels or tampons, complete packages only please. Moon cups – well, we've never seen one of those given in a box but could be a good alternative if you can afford it.
- Small pack of tissues – handbag size
- Hair brush & comb – small handbag size brushes if possible please (space restriction)
- Face flannel – or sponge or one of those net loofahs that a lot of manufacturers put in their Christmas gift packages of toiletries.
- Greeting card - if you want to. We use a general phrase like, 'with best wishes from a caring Oxfordshire community' but feel free to make it your own.

Helpful, comforting things

- Face wash/ toner/ moisturiser - just one of these is nice, again think size.
- Make up remover - a package of relevant moisturising wipes is fine
- Cosmetics – nails, eyes, fake tan, hair dye etc – nothing too outlandish and please remember the restriction on marketing, **nothing overtly sexual.**

Hair products: spray, mousse, hair bands or scrunchies

Sweets, sachets of hot chocolate – please check 'best by' date, nothing out of date please.

Gift items we have been asked for this year:

Slipper socks with gripper on the sole, fluffy socks
Hot water bottles
Art supplies / mindfulness colouring books
Mugs
Games
Toys

Other suggestions: scarf, hat, gloves, jewellery

Wrap any hand knitted items with tissue paper if possible, label with size.

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a woman:

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list inside the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

PPE Face masks & small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge / mesh loofah	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion & Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
Sanitary products, whole packs only please.		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Face wash/ toner/ moisturiser		Pampering items eg face masks / body scrub	
Make up remover		Fluffy socks / slippers	
Cosmetics – nails, eye make up, lipstick		Hair products: spray, mousse, hair bands or scrunchies	
Hot water bottle		Mug with coffee /hot choc	

Add other gift ideas:

Scarf, hat, gloves, jewellery, notebook & pen, colouring books, art supplies.

Mindfulness colouring books, coloured pencils or crayons.

Sweets, especially chocolate! Biscuits.

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a woman:

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list inside the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

PPE Face masks & small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge / mesh loofah	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion & Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
Sanitary products, whole packs only please.		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Face wash/ toner/ moisturiser		Pampering items eg face masks / body scrub	
Make up remover		Fluffy socks / slippers	
Cosmetics – nails, eye make up, lipstick		Hair products: spray, mousse, hair bands or scrunchies	
Hot water bottle		Mug with coffee /hot choc	

Add other gift ideas:

Scarf, hat, gloves, jewellery, notebook & pen, colouring books, art supplies.

Mindfulness colouring books, coloured pencils or crayons.

Sweets, especially chocolate! Biscuits.

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a Teenage girl

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list inside the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

PPE Face masks & small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge / mesh loofah	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion & Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
Sanitary products, towels, whole packs only please.		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Face wash/ toner/ moisturiser		Pampering items eg face masks / body scrub	
Make up remover		Fluffy socks / slippers	
Colouring books / art supplies		Hair products: spray, mousse, hair bands or scrunchies	
Hot water bottle		Mug with coffee /hot choc	

Add other gift ideas:

Scarf, hat, gloves, notebook & pen, games.
Mindfulness colouring books, coloured pencils or crayons.
Age appropriate Cosmetics – nails, eye make up, lipstick
Sweets, especially chocolate! Biscuits.

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a Teenage girl

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list inside the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

PPE Face masks & small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge / mesh loofah	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion & Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
Sanitary products, towels, whole packs only please.		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Face wash/ toner/ moisturiser		Pampering items eg face masks / body scrub	
Make up remover		Fluffy socks / slippers	
Colouring books / art supplies		Hair products: spray, mousse, hair bands or scrunchies	
Hot water bottle		Mug with coffee /hot choc	

Add other gift ideas:

Scarf, hat, gloves, notebook & pen, games.
Mindfulness colouring books, coloured pencils or crayons.
Age appropriate Cosmetics – nails, eye make up, lipstick
Sweets, especially chocolate! Biscuits.

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a Teenage boy

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list inside the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

PPE Face masks & small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion / Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
Shaving foam (no razors), aftershave		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Face wash/ toner/ moisturiser		Hair products: Mousse or gel	
Scarves / gloves / hat		Socks / slippers	
Colouring books / art supplies		Notebook & pen	
Hot water bottle		Mug with coffee /hot choc	

Just nice things to have:

Sweets, Biscuits, Games ...

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a Teenage boy

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list inside the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

PPE Face masks & small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion / Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
Shaving foam (no razors), aftershave		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Face wash/ toner/ moisturiser		Hair products: Mousse or gel	
Scarves / gloves / hat		Socks / slippers	
Colouring books / art supplies		Notebook & pen	
Hot water bottle		Mug with coffee /hot choc	

Just nice things to have:

Sweets, Biscuits, Games ...

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for baby

m / f / unisex
Newborn / 0-3m / 4-6m / 6-9m / 9-12m / 12-15m / 15m plus

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to **keep the lid on top, and put this list inside the box**. Put one label on the short end and one on a long side so we know the type of box it is when it is stacked up in a pile.

Basic Contents:

Baby Shampoo (300ml max)		Baby Bath (300ml max)	
Baby Lotion (300ml max)		Baby Oil (300ml max)	
Nappy Cream		Cotton wool pleat	
Small pack cotton buds		Baby Wipes	
Nappy Disposal Bags		Clean unused dummies	
Soap, sponge, toothbrush		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Soft toy (check for CE label)		Baby Grow (large size)	
Baby Socks		Hat / mittens	
Baby Blanket (if space)		Baby Quilt (if space)	

Helpful comforting things for mum (if space)

Nipple cream, Disposable knickers	
Body lotion	
Breast pads & maternity towels	

Pack of nappies if space (may have to use large gift bags)

Other:

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for baby

m / f / unisex
Newborn / 0-3m / 4-6m / 6-9m / 9-12m / 12-15m / 15m plus

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to **keep the lid on top, and put this list inside the box**. Put one label on the short end and one on a long side so we know the type of box it is when it is stacked up in a pile.

Basic Contents:

Baby Shampoo (300ml max)		Baby Bath (300ml max)	
Baby Lotion (300ml max)		Baby Oil (300ml max)	
Nappy Cream		Cotton wool pleat	
Small pack cotton buds		Baby Wipes	
Nappy Disposal Bags		Clean unused dummies	
Soap, sponge, toothbrush		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Soft toy (check for CE label)		Baby Grow (large size)	
Baby Socks		Hat / mittens	
Baby Blanket (if space)		Baby Quilt (if space)	

Helpful comforting things for mum (if space)

Nipple cream, Disposable knickers	
Body lotion	
Breast pads & maternity towels	

Pack of nappies if space (may have to use large gift bags)

Other:

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a man

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list inside the box. Put one label on the short end and one on a long side so we know the type of box it is when it is stacked up in a pile.

Basic Contents:

PPE Face masks & small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion / Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
Shaving foam, razors, aftershave		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Face wash/ toner/ moisturiser		Hair products: Mousse or gel	
Scarves / gloves / hat		Socks / slippers	
Colouring books / art supplies		Notebook & pen	
Hot water bottle		Mug with coffee /hot choc	

Just nice things to have:

Sweets, Biscuits, Games ...
Other:

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a man

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list inside the box. Put one label on the short end and one on a long side so we know the type of box it is when it is stacked up in a pile.

Basic Contents:

PPE Face masks & small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion / Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
Shaving foam, razors, aftershave		Greeting card in envelope with appropriate message.	

Helpful, comforting things:

Face wash/ toner/ moisturiser		Hair products: Mousse or gel	
Scarves / gloves / hat		Socks / slippers	
Colouring books / art supplies		Notebook & pen	
Hot water bottle		Mug with coffee /hot choc	

Just nice things to have:

Sweets, Biscuits, Games ...
Other:

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a girl

3-5yrs / 6-9yrs / 10-12yrs

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list **inside** the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

Small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge / mesh loofah	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion & Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
For 10-12, Sanitary products, towels, whole packs only please.		Greeting card in envelope with appropriate message.	

Age appropriate Helpful, comforting things:

Face wash/ toner/ moisturiser		Age appropriate Cosmetics – nails, eye make up, lipstick	
Make up remover		Fluffy socks / slippers	
Colouring books / art supplies		Hair products: spray, mousse, hair bands or scrunchies	

Add other gift ideas:

Scarf, hat, gloves, notebook & pen, games, toys.
Sweets, especially chocolate! Biscuits.
Hot water bottle
Mug with hot choc

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a girl

3-5yrs / 6-9yrs / 10-12yrs

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list **inside** the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

Small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge / mesh loofah	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion & Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
For 10-12, Sanitary products, towels, whole packs only please.		Greeting card in envelope with appropriate message.	

Age appropriate Helpful, comforting things:

Face wash/ toner/ moisturiser		Age appropriate Cosmetics – nails, eye make up, lipstick	
Make up remover		Fluffy socks / slippers	
Colouring books / art supplies		Hair products: spray, mousse, hair bands or scrunchies	

Add other gift ideas:

Scarf, hat, gloves, notebook & pen, games, toys.
Sweets, especially chocolate! Biscuits.
Hot water bottle
Mug with hot choc

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a boy

3-5yrs / 6-9yrs / 10-12yrs

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list **inside** the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

Small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge / mesh loofah	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion & Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
		Greeting card in envelope with appropriate message.	

Age appropriate Helpful, comforting things:

Colouring books / art supplies		Fluffy socks / slippers	
Games		Toys	
Sweets, especially chocolate		Biscuits	

Add other gift ideas:

Scarf, hat, gloves, notebook & pen,
Hot water bottle
Mug with hot choc

Picked & packed for you with ♥ by an Oxfordshire community that cares.

Project Shoebox Oxford 2020: packing list for a boy

3-5yrs / 6-9yrs / 10-12yrs

Wrap top with gift wrapping paper if you can, **please do not seal when filled**, use a ribbon or large elastic band to keep the lid on top, and put this list **inside** the box. Put one label on the short end and one on a long side so we know the type of box it is.

Basic Contents:

Small hand sanitiser gel		Shampoo & conditioner (or a 2in1)	
Shower gel / liquid soap / bar of soap in travel container		Face flannel / sponge / mesh loofah	
Toothbrush & toothpaste, toothbrush container if space.		Body lotion & Hand cream	
Deodorant		Small pack tissues	
Hair Brush & Comb		LipSalve	
		Greeting card in envelope with appropriate message.	

Age appropriate Helpful, comforting things:

Colouring books / art supplies		Fluffy socks / slippers	
Games		Toys	
Sweets, especially chocolate		Biscuits	

Add other gift ideas:

Scarf, hat, gloves, notebook & pen,
Hot water bottle
Mug with hot choc

Picked & packed for you with ♥ by an Oxfordshire community that cares.